

Food Assistance at the Belmont Farmers' Market

Stretch your food budget at the Market

SNAP

Get double SNAP tokens at the Manager's Tent

Buy any SNAP-eligible food at any vendor

HIP

Instant rebate on fruits & vegetables

Shop at these vendors:

- Dick's Market Garden
 - Hutchins Farm
- Kimball Fruit Farm
- Nicewicz Family Farm

FMNP Coupons

Get double the value of FMNP coupons

Shop at these vendors:

- C&M Farm
- Dick's Market Garden
 - Hutchins Farm
- Kimball Fruit Farm
- Nicewicz Family Farm

BelmontFarmersMarket.org
BelmontFarmersMarket@gmail.com



Food Assistance at nearby farmers' markets

Arlington Farmers Market

Fresh Bucks vouchers (\$15 for SNAP users)

HIP / FMNP coupons

Wednesdays, 2:00pm – 6:30 pm

arlingtonfarmersmarket.org

Farmers' Market at Harvard

SNAP (\$15 match) / HIP / FMNP coupons

Tuesdays, 11:30 – 5:30 pm

dining.harvard.edu/farmers-market

Lexington Farmers' Market

SNAP (\$15 match) / HIP / FMNP coupons

Tuesdays, 2:00 – 6:30 pm (6:00 in October)

lexingtonfarmersmarket.org

Waltham Farmers' Market

SNAP (\$10 match) / HIP / FMNP coupons

Saturdays, 9:30 am – 2:00 pm

walthamfarmersmarket.org

Watertown Farmers' Market

SNAP (\$15 match) / HIP / FMNP coupons

Wednesdays, 2:30 – 6:30 pm (6:00 in October)

livewellwatertown.org/farmers-market

Winchester Farmers' Market

SNAP (\$10 match) / HIP / FMNP coupons

Saturdays, 9:30 – 1:30 pm

winchesterfarmersmarket.org

Union Square Farmers Market

SNAP (\$15 match) / HIP

Saturdays, 9:00 am – 1:00 pm

unionsquaremain.org



Belmont Farmers' Market Food Assistance Programs

Thursdays, June to October
2:00 pm to 6:30 pm
(6:00 pm in October)

Belmont Center
Municipal parking Lot
Cross St/Channing Rd



A project of Belmont Food Collaborative

SNAP

Belmont Farmers' Market doubles your SNAP money, up to \$25 each week.

\$25 = \$50

Mass. Dept of Transitional Assistance
mass.gov/dta • (877) 382-2363

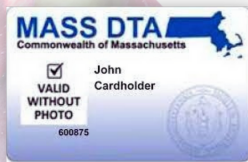
Learn more at
www.mass.gov/SNAP

Using SNAP

Get tokens at the Manager's Tent. We double your benefits, up to \$25 per week.

Example: Charge \$25 on your card, and get \$50 in tokens to spend at the Market.

By getting the full match every week, you get \$550 extra to spend at the Market.



HIP

Get your money back when buying fruits & vegetables with SNAP at HIP vendors.

\$40/month
1-2 person household

\$60/month
3-5 person household

\$80/month
6+ person household

You automatically have HIP if you have SNAP

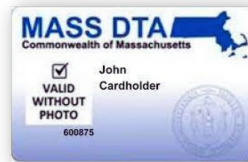
Learn more at
www.mass.gov/HIP

Using HIP & SNAP

First Use HIP to buy produce. You need money in your SNAP account to use HIP, but it's refunded immediately.

Then Go to the Manager's Tent for SNAP tokens to buy other items, or more produce.

HIP example: Use your SNAP card to buy apples for \$10, and get \$10 back on your SNAP card immediately.



FMNP

Belmont Farmers' Market doubles FMNP coupons to buy produce.

Seniors
Fruit, vegetables, & honey

WIC
Fruit & vegetables

Seniors Springwell.com • 617-972-5653
WIC challiance.org • 617.575.5330

Learn more at www.mass.gov/farmers-market-nutrition-program

Using FMNP

Give your coupons to participating vendors and get *double* the value.

Example: Each \$5.00 FMNP coupon lets you buy \$10.00 worth of fresh produce (and honey for seniors).

The color of the coupons changes every year.

